## 2016 HEALTHY LIVING INTEREST GROUP BOOKS DONATED TO THE LIBRARY

- 1 Healing Unlimited from the editors of Boardroom Classics
- 2 Medical Medium- Anthony Williams
- **3** Order from Chaos- Liz Davenport
- 4 Fifty Shades of Kale- Drew Ramsey, MD & Jennifer Iserloh
- **5** Life Changing Foods Anthony Williams
- 6 The Beauty Detox Solution- Kimberly Snyder CN
- 7 Age Erasers for Men- Doug Dollemore, Mark Giuliucci & Men's Health Magazine
- 8 Alzheimers for Dummies Patricia B Smith, Mary Mitchell Kenan PHD, Mark Edwin Kunik, MD
- 9 Good Night Yoga Mariam Gates & Sarah Jane Hinder
- 10 70 Of The Best Ever Healthy Breakfast Recipes That all Kids Will Eat Revealed! Samantha Michaels
- **11** Body Shout P G Butler
- **12** The Busy Body Book Lizzy Rockwell
- 13 Being Me (and Loving it) Naomi Richards and Julia Hague